



Are you having a baby? Do you have a child between 0 and 2?

COME JOIN OUR CLASS!


Tuesday, 10AM-12PM

(In the Edna Pillsbury WIC Health Ed Room)

2222 Simon Bolivar

(PRENATAL CLASS SERIES)

JANUARY 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8 <i>Having a Good 9 Months; Looking out for your Baby's Health</i>	9	10	11	12
13	14	15 <i>The Big Day: Preparing for Labor and Birth</i>	16	17	18	19
20	21	22 <i>Feeding & Caring for Your Baby!</i>	23	24	25	26
27	28	29 <i>Caring for Yourself; Birth Spacing</i>	30	31		




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 (In the Edna Pillsbury WIC Health Ed Room)
 2222 Simon Bolivar
 (PARENTING CLASS SERIES)

FEBRUARY 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 <i>Keeping you & your Baby Safe; Feeling Sad After Having the Baby/Stress</i>	6	7	8	9
10	11	12 No Class! (Mardi Gras Day) 	13	14	15	16
17	18	19 <i>How to listen and talk to your Kids; Relationships; Discipline and Childhood Behaviors</i>	20	21	22	23
24	25	26 <i>Birth Spacing; Safer Sex; Domestic Violence and Abuse</i>	27	28		